Mondays

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:30pm
Boujee Beauty	9:00am-6:00pm
Citizens Advice (Drop In)	9.30am—11.30pm
Recycling Arts & Crafts	10:00am—12.00pm
Knit and Natter	10:00am—12:30pm
Fitness for All	11.30am—12.30pm
Zumba Gold/Chair Yoga	1pm-1.45/2.15-3pm
After School Club (Arts & Crafts)	3:15pm—4.45pm
Youth Club (Yrs 7 & 8)	5:30pm—8:00pm
Gilfach Football U7s*	5.00pm—6.00pm
Gilfach Football U9s*	6.00pm—7.00pm

Tuesdays

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1.30pm
Scissor Twister	9:00am—3:00pm
Brighter Journeys	10:00am—12:00pm
Pottery	11:00am—1:00pm
After School Club (Cooking)	3:30pm—5:00pm
Youth Club (Yr 9s +)	5:30pm—8:00pm
RCT Sports Netball*	5.00pm—7.00pm
Karate*	7:00pm—8:00pm
Badminton	7.30pm—8.30pm

Wednesdays

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:30pm
Scissor Twister Hair Salon	9:00am—3:00pm
Boujee Beauty	9:00am-6:00pm
Mothers and toddlers	10.00am—12:00pm
Men's Shed	10:00am—12:00pm
Community Gardening	1.00pm—3.00pm
Table tennis	12:30pm—2.00pm
After School Club (Environmental)	3:30pm—5:00pm
Youth Club (11-25 year olds)	5:30pm—8:00pm
Gilfach Football U10s*	5.00pm—6.00pm
Sparks Junior/Senior Netball*	6pm-7pm/7pm-8pm

Special Notices

COME AND JOIN US FOR OUR NEW CLIMATE ACTION PROJECTS RUNNING EVERY WEEK

KEEP AN EYE OUT FOR OUR UPCOMING ACTIVITIES:

'THEMED' SWAP SHOPS

Call us on 01443 675004 for more details
*indicates clubs run by external groups

Thursdays

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1.30pm
Scissor Twister Hair Salon	9:00am—6:00pm
Boujee Beauty	9:00am—6:00pm
Knit and Natter	10:0am—12.30pm
Cookery Classes	10:00am—2.00pm
Bingo	12:00pm—1:00pm
Community Allotment	1.00pm—3.00pm
After School Club (Free Play)	3:30pm—5:00pm
Karate*	6:00pm—7:00pm
Gilfach Football U10s & U12s*	7.00pm—9.00pm

Fridays

Messy Monsters Day Nursery	8:00am—6:00pm
CF39 Café	8:00am—1:30pm
Scissor Twister Hair Salon	9:00am—3:00pm
Boujee Beauty	9:00am—6:00pm

Saturdays

CF39 Cafe	8:00am—11.30pm
Scissor Twister Hair Salon	8:00am—2:00pm
Boujee Beauty	9:00am—1:00pm

www.ggca.org.uk



gilfach.goch community.association



@ggcarct

What's On..

...at the GGCA



Range of Offices available for hire



Conference Room Hire

Conference Room available for up



Sports Hall Hire

Available for Sports (football, badminton rugby, netball, karate)

> Conferences, Weddings





What's Also Happening at your local centre:

- **Day Nursery**
- **Employment Advice and CV support**
- Citizens Advice Bureau
- CF39 Café
- IT Suite
- Sports Karate, Football, Netball, Rugby
- **Table Tennis**
- Men's Shed
- **Mothers and Toddlers**
- **Cooking Classes**
- Arts and crafts/Knit & Natter/Pottery
- **Gardening Group**
- **Leigh Lawry Accountants**

FREE PARKING

Find out more on...

01443 675004

www.ggca.org.uk

Facebook: gilfachgoch.communityassociation

Twitter: @ggcarct













Find out more at....

Gilfach Goch Community Association

Cambrian Avenue

Gilfach Goch, CF39 8TG

(Opposite the Fire Station)